

2016

Summer Recreation Programs

ALL LOCATIONS VFW
unless otherwise noted



Our staff and volunteers

Katie Norton: director, writing instructor

Towanda Brown: arts and crafts instructor

Alanna Rich: Archery instructor, sewing instructor

Erica Papkee: Drama and Adventure Club instructor

Will Ferguson: Adventure Club, Pottery Studio Assistant

Maxine Harmon: Dance instructor

Barbara Sullivan: Sewing instructor

Nils Caliandro: Lacrosse instructor

Erin Love: Kickball, Beach Volleyball

Ella Anderson: Counselor in Training

Emeline Avignon: Counselor in Training

Hannah Holt: Counselor in Training

Craigly Arris: Basketball

Alexis O'Brien: Art Play, Support Staff

Programs for Kids

ADVENTURE CAMP!

Tuesdays and Thursdays



8:30-2:30: \$35/day

8:30-12:00 \$20/day

12-2:30 \$15/day

led by Erica Papkee and Will Ferguson

Bring your own lunch, snack provided. Please note that each day may involve walking or biking to and from beaches and other island locations-- please pack appropriate footwear.

Art Darts



Instructor, Towanda Brown

3rd grade and up, 2nd grade with approval

Mondays and Wednesdays 9:30-12

extended version: 9:30-1 (stay for lunch and games, a good choice if you are doing Drama)

\$35 per week/\$40 for extended version

This popular class will be a mixture of studio art time and installation art around the Island...sort of like a "flash mob" but with art creations within our community.

Themes may include:

Art Soles

Inspiration: Flip Flops(Ocean Sole Co.)

Group activity - Colorful Totem made from Flip Flops

Location - South or Fowlers

Individual project - canvas painting of beach & possible carving of fun foam.

Coastal Light Houses

Inspiration: Maude Lewis

Group activity- Light House from Terra cotta pots

Location-? End of Earth(East End)

Individual- painting/light houses on wood

Ferries!

Inspiration: CBL Appreciation Day

Group activity: paint a large sign

Location - at the dock

Individual project- Printing making with ferry theme

Going Green

Inspiration: Recycling

Group activity - create a giant archway with green bottles & pvc

Location- transfer station

Individual project- zipper containers, bike pouches or toys from recycled bottles

Sand Castles

Inspiration: Summer!

Location- Fowler's

Group activity - largest castle - families encouraged to attend

Individual - plaster & sand to make castles

Fanciful Fish

Inspiration: mixed media

Location: school yard

Group activity -create a school of fish

Individual - wire art, wooden fish, coloring pages

Shell Mania

Inspiration: Michael Kilgore, shells

Location: Front Beach or Cleaves

Group- Rain Chains, mobiles

Individual- same

3-D Letters

Inspiration: Mixed Media

Location:

Group-

Individual- make a block letter & decoupage

Art Play

instructor: Alexis O'Brien

Designed especially for our littlest friends, this is a time to come make crafts, kid-friendly snacks and play games!

Wednesdays from 10-11:30

Ages 3-5, \$5 PER SESSION



Drama

Instructor, Erica Papkee

Lights! Camera! Action! Act your way right into our drama club program! Join us to participate in a fun class that will end with a fantastic performance!

Mondays and Wednesdays, 1-2:30

Ages 7 and up, \$75

****Mandatory performance on August 11, more info to come regarding mandatory dress rehearsals, "Tech Week" etc.**

Archery

Lead Instructor, Alanna Rich

4H youth archery on Long Island uses 4H curriculum for teaching basic archery skills and safety. We use re-curve bows. Youth determine eye dominance for instinctive shooting and find out whether they are to shoot left handed vs. right handed. They also learn about each piece of equipment and how to care for it. Once everyone is ready, we begin shooting using the 11 steps to the ten ring which are included in the 4H Archery Instruction Guide. All instructors are certified through 4H.

Adult Archery Ages 18 + Instructor ~ Alanna
Rich 8:30 to 9:30 AM at the
LICA Ball Field.

Monday, July 11 - Friday July 15.

\$35

Teen Archery, Ages 12-18, Taught by 4-H
Certified Archery Instructors 9-10 AM,
Monday, July 18 - Friday the 22.
At the LICA Ball Field.

\$35.

Kids Archery Ages 8-11, with 4-H Certified
Archery Instructors 9-10 AM, Monday, July
25 - Friday the 29th.

At the LICA Ball Field.

\$35.

Archery is cancelled if it's raining. Classes
sizes are limited to 10 participants for each
session.



Kid's Writing Class With Katie

Come write and illustrate a story, real or made up) with your friends. Work together, or on your own, and leave with your very own book!

note: books will be printed after the class is finished, so you need to be able to come to all the classes, and if you live off-island, your book will be mailed to you.

Tuesdays, 4-5 pm

ages 6-11

\$25



Soccer Clinics

****New Coaches, Program, and Pricing!****

We're excited to welcome teen soccer coach Andrew Firestone. He brings 10 years of experience playing soccer, and is a trained soccer referee. He is excited to share what he knows and loves about the game with our players. Be ready for lots of games, skill building, and scrimmaging!

Two groups:

7/11-7/16 9am-11am Ages 5 and up
\$75/week

7/18-7/22 Ages 8 and up 10-2
(bring a lunch)
\$100/week

Tap Dance Classes



Taught by Maxine Harmon

Come tap with expert tapper Maxine Harmon! She'll work on basic skills, as well as teach you some new ones! At the end of the summer, you'll be able to show off your skills in a mini-show.

Mondays

4:45-5:30 Beginner/Intermediate Tap

5:45-6:45 Intermediate/Advance Tap

Tuesdays

Adult Tap 7-8pm

\$50

Lacrosse Clinic



Ages 6 and up

Learn the basic skills and strategies of lacrosse, and scrimmage with your friends! Bring your stick if you have one, Rec does have some equipment!

Led by Nils Caliandro

July ?? at the ball field (dates TBA)

4-5 pm \$25

Basketball



Craigly Arris
Ages 6 and up



Come shoot hoops, play games, and work on your ball handling skills.

Mondays starting 7/11, 5-6 pm at the school

Running Club

Led by Will Ferguson

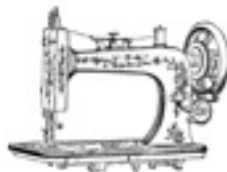
Jog, run, sprint and play games around the island with your friends this summer! A great way to stay strong for Fall Sports! All levels encouraged, ages 10 and up.

****Meet at the school, \$20 for the season**

Time and Day TBA, stay tuned

ESPECIALLY FOR OUR TEENS!

Sewing Workshop



Students will learn the basics of sewing machine operation, some simple hand stitches and spend the week making wallets, T-shirt pillows and backpacks.

Ages 11 and up

\$40

July 18th-21st
9:30-11:30 at the Evergreen Methodist Church

TEEN NIGHTS....stay tuned for more info, 6th
grade and up



Multimedia Autobiography

Instructor: Katie Norton

Get creative and tell *YOUR* story: through collage, song lyrics, photography, drawing, poetry and prose writing. Each week we will make a different panel, and we'll display the panels at Wharf Street Festival. You can attend as many or as few workshops as you want—the more you attend, the more you'll have as a final product.

Ages 12 and up

Tuesdays, 5-6pm

\$5 per session or \$25 for the week

Journalism

Instructor: Erica Papkee



Discover the art of journalism! Bring your enthusiasm for storytelling and learn the mechanism to find a story, develop your literary voice, hone your writing skills, and publish your work! This class will teach the fundamentals of journalism- including literary journalism, photo journalism, and broadcast journalism. We will be working with LICA to publish a special section in the Long Islander. This class also includes a special community project that will familiarize those in the class with the art of interviewing- crafting questions, learning how to follow-up on the fly, and learning to interpret information through an engaging, reader-friendly (or viewer friendly!) lens.

Ages 12+

Mondays and Wednesdays 5-6:30

\$75

Family Programming

Family Night with Towanda

Do a craft, play a game!!

Every Wednesday

6:30 pm, all ages

7/13 Basket Weaving class with Towanda

\$15



7/20 Sushi Rolling with Kay for adults, game night for kids

7/27 Rope rug for adults with Anita
craft for kids

8/2 Paint your own glass for adults craft for kids

More programs TBA, subject to change
Family nights are Free for kids, but there is a charge as
noted for special activities.

All Ages Kickball Game!



7/20 at the ballfield, 5pm

Beach Volleyball Game

Friday July 15

7pm South Beach

Community Softball Game

August 5th

7pm Ball Field

Bring a glove



Programs for Adults: Sewing Class (18yrs ++)

Enjoy a day of making home decor pillows for your Long Island home. This class will be held at Barbara Sullivan's home on Saturday June 25, 2016, from 9am - 2pm. Class fee: \$45.00 (materials for 2 pillows included in the fee).

Sushi Rolling

7/20 6:30 PM \$10 (during Family Night)

Rope Rug Making

instructor: Anita Hopman Wilson

7/27 \$20 (during Family Night)

Beaded Leather Wrap Bracelets

instructor: Kristina Truesdale

July 14th and 21st 7pm

Cost \$20

Paint your own Wine Glass Set:

8/2 7 pm \$10 (during Family Night)

Belly Dancing:

Monday nights at 7 pm,

\$5 per session



Wharf Street Festival Long Island Boat Races

August 20th

10-2

Vendors, Lunch, Kids' Games

Volunteers needed for set up, clean up, food service, and prep work!*



SPECIAL NOTES FOR THIS SUMMER

1. There is no home office for Katie, our director. She is reachable by phone mornings, Monday-Thursday at 807-0502, via email at knorton0412@gmail.com, and will be at drop-off for Adventure Camp Tuesday and Thursdays.
2. Payments are due before your child can participate in classes! Checks and cash accepted. You can also mail your payment to Town Hall, as long as you specify the classes and child's name the payment is for.
3. There is always the work for trade option available: you work for Rec, you get \$10 per hour towards programming. Contact Katie if you're interested.
4. Classes may be cancelled or added
5. Weekly updates will be emailed via LICA list serve, posted on Facebook, and advertised at the Island Stores and on Mariners Wharf.

**LONG ISLAND RECREATION DEPARTMENT
PROGRAM REGISTRATION FORM**

Please submit with payment, made out to "LI Recreation"

P.O. Box 263 Long Island, ME 04050

Name _____

Phone (____) _____ Cell Phone _____

Emergency Contact (on island) _____

Phone (____) _____

If participant is under the age of 18, please complete the following:

Age _____ Date of Birth _____

PLEASE READ: Liability and assumption of risk agreement

I agree to hold harmless Long Island Recreation Department, the Town of Long Island, its agents, employees, and volunteers of any personal or property liability and/or personal injury while participating in their programs. In the event of illness or injury to the participant, where in the judgment of LIRD staff or volunteers, emergency treatment is required; my permission is granted to obtain immediate medical care. I agree to be responsible for all expenses that arise out of such actions.

I have read this release of liability and assumption of risk agreement. I fully understand its terms; and I sign it freely and voluntarily without any inducement.

XX Signed _____ Date _____

(Parent/guardian if participant IS under the age of 18)

PLEASE LIST ANY ALLERGIES YOUR CHILD HAS:

Please sign below if you allow us (our employees and staff) to take pictures of your child while he/she is involved in Recreation Department activities.

XX Signed _____ Date _____

Name: _____

Class Name and Days	Fee(s)	Amount Paid	Balance Due

Please continue on a separate sheet of paper or on back, if necessary.
